

**Your Request:**

**These questions relate to CAMHS services (mental health and neurodevelopmental) across all Local Authorities within the ICS.**

- 1) What age range does your service cover?**
- 2) How many service users are receiving care and how many children/young people are on the waiting list, split by gender?**
- 3) What is the average age of autism diagnosis by gender?**
- 4) How many of your current mental health service users have a diagnosis of autism, split by gender?**
- 5) Is there an alternative service commissioned to deal with the MENTAL HEALTH needs of diagnosed or suspected autistic people? If yes, please provide details of the scope of their commission.**
- 6) How many referrals have you received in 2022 and how many have been refused/discharged without appointment or treatment?**

**Our Response:**

Please find listed below the information held for the former CCG areas that now make up NHS Cheshire & Merseyside ICB in relation to the questions posed in respect of CAMHS services commissioned:

**Cheshire**

- 1) 0 – 18 years.
- 2) Information not held\*.
- 3) Information not held\*.
- 4) Information not held\*.
- 5) No.
- 6) Information not held\*.

**Halton**

- 1) 0 – 18 years (up to 25 years for those with a learning disability).
- 2) Information not held\*.
- 3) Information not held\*.
- 4) Information not held\*.
- 5) No.
- 6) Information not held\*.

**Knowsley**

- 1) 5 – 18 years.
- 2) Information not held\*.
- 3) Information not held\*.

- 4) Information not held\*.
- 5) Services are also commissioned from the following third sector providers:  
Listening ear / ADDvanced Solutions.
- 6) Information not held\*.

### **Liverpool**

- 1) The local Children & Young People (CYP) Mental Health Provider Collaborative (Liverpool CAMHS Partnership; a collaborative of NHS and 3rd Sector partners supporting CYP and families across different levels of need) support CYP and families aged 0-25 years. The integrated neurodevelopmental pathway (Collaborative of 3rd Sector and NHS partners offering pre, during and post diagnosis) work with CYP and families up to the age of 18 years
- 2) Information not held\*.
- 3) Information not held\*.
- 4) Information not held\*.
- 5) No. The mental health needs of CYP diagnosed or suspected is supported through the Liverpool CAMHS Partnership. This includes specific specialisms and teams within Alder Hey CAMHS, who work closely with the neurodevelopmental partners for more complex presentations. Young Peoples Advisory Services also support CYP with a diagnosis or suspected autism and work closely with our Neurodevelopmental partners, as part of the early help offer.
- 6) Information not held\*.

### **Sefton**

- 1) 0 – 18 years.
- 2) Information not held\*.
- 3) Information not held\*.
- 4) Information not held\*.
- 5) No.
- 6) Information not held\*.

### **St Helens**

- 1) 0 – 18 years.
- 2) Information not held\*.
- 3) Information not held\*.
- 4) Information not held\*.
- 5) No, all commissioned services are inclusive of need.
- 6) Information not held\*.

### **Warrington**

- 1) 0 – 18 years (up to 25 years for those with a learning disability).
- 2) Information not held\*.
- 3) Information not held\*.
- 4) Information not held\*.
- 5) No.
- 6) Information not held\*.

### **Wirral**

- 1) 0 – 18 years.
- 2) Information not held\*.
- 3) Information not held\*.
- 4) Information not held\*.
- 5) Café Create is jointly commissioned between the ICB and Wirral Borough Council, providing an alternative therapeutic venue for all children and young people including those with SEND and diagnosed or suspected Autism.
- 6) Information not held\*.

**Your Request:**

**The following questions relate to your clients who ALSO have a co-occurring mental health condition as well as being autistic or otherwise neurodivergent.**

- 7) How many hours of CBT are offered each week?
- 8) How many of these hours are specifically adapted for autism?
- 9) How many hours of eating disorder therapies are offered each week?
- 10) How many are adapted specifically for autism?
- 11) Do you commission DBT and is it standard / adapted for autism?
- 12) Do you commission EMDR and is it standard / adapted for autism?
- 13) Do you commission Art therapies and are they standard / adapted for autism?
- 14) Is any Occupational therapy commissioned standard / adapted for autism?
- 15) Are lead professionals assigned to young people required to have recent training in autism from autistic-led organisations?
- 16) Are new lead professionals required to read case files?
- 17) Does your CAMHS offer an alternative method of contact (text, email, video) to accommodate autistic young people who find standard therapies hard to access?

**Our Response:**

Please find listed below the information held for the former CCG areas that now make up NHS Cheshire & Merseyside ICB in relation to the questions posed in respect of ...

**Cheshire**

- 7) Information not held\*.
- 8) Information not held\*.
- 9) Information not held\*.
- 10) Information not held\*.
- 11 - 14) Information not held\*. CAMHs, now referred to as Children & Young People's Mental Health Service (CYPMHs) is commissioned and it would be expected that DST/EMDR/Art Therapies/Occupational Therapy is part of the commissioned service as an evidence based therapeutic intervention. However, we are unsure if this is specially adapted for autism.
- 15) Information not held\*.
- 16) Information not held\*.
- 17) Information not held\*.

### **Halton**

- 7) Information not held\*.
- 8) Information not held\*.
- 9) Information not held\*.
- 10) Information not held\*.
- 11) Yes.
- 12) Information not held\*.
- 13) No.
- 14) Yes.
- 15) Information not held\*.
- 16) Information not held\*.
- 17) Yes.

### **Knowsley**

- 7) Information not held\*.
- 8) Information not held\*.
- 9) Information not held\*.
- 10) Information not held\*.
- 11) All Children & Young People (CYP) Mental Health Service teams have an autism lead to deliver reasonable adjustments. CAMHS have staff with DBT skills training. However, there is not a specific DBT service commissioned.
- 12) CAMHS have staff trained in EMDR. There are no adaptations made. CYP with autism are able to access this depending on the nature of their cognitive and autism needs.
- 13) Yes, although this is not formally adapted for autism but adjustments are made.
- 14) Knowsley Occupational Therapy is adapted for autism.
- 15) CAMHS require staff to attend autism training.
- 16) Yes.
- 17) Yes, options for appointments are offered. However, e-mails are not a preferred means of communication with CYP.

### **Liverpool**

- 7) Information not held\*.
- 8) Information not held\*.
- 9) Information not held\*.

- 10) Information not held\*.
- 11) No.
- 12) Yes, EDMR commissioned. Information not held in respect of whether this is standard or adapted for autism\*.
- 13) Yes, Art Therapies commissioned. Information not held in respect of whether this is standard or adapted for autism\*.
- 14) Yes, this is dependent on the purpose of the referral. Occupational Therapy delivery is either designed to address autism needs or can readily be adapted if reasonable adjustments are required and requested.
- 15) This is built into our local plans for Children and Young Peoples (CYP) mental health. Local neurodevelopmental training is commissioned through Advanced Solutions which can be accessed by frontline professionals free of charge. We are also part of an autism in schools pilot, which includes wider workforce development.
- 16) Information not held\*.
- 17) No. However, the CAMHS partnership and neurodevelopmental partnership work closely together. We also commission specialists within Alder hey CAMHS to support this cohort of CYP and families including commissioning workforce development.

### **Sefton**

- 7) Information not held\*.
- 8) Information not held\*.
- 9) Information not held\*.
- 10) Information not held\*.
- 11) Please refer to provider for details of clinical interventions\*.
- 12) Please refer to provider for details of clinical interventions\*.
- 13) Please refer to provider for details of clinical interventions\*.
- 14) Please refer to provider for details of clinical interventions\*.
- 15) Information not held\*.
- 16) Information not held\*.
- 17) Information not held\*.

### **St Helens**

- 7) Information not held\*.
- 8) Information not held\*.
- 9) Information not held\*.
- 10) Information not held\*.
- 11) Specific clinical interventions are not outlined in the service specification as these are determined by the clinician and service. Please refer to provider for details of clinical interventions\*. DBT is a core clinical element provided tailored to individual needs
- 12) Specific clinical interventions are not outlined in the service specification as these are determined by the clinician and service. Refer to provider for details of clinical interventions\*.
- 13) No.
- 14) All commissioned services are inclusive of need and so can access the universal Paediatric Occupational Therapy offer.
- 15) Information not held\*.

- 16) Information not held\*.
- 17) Information not held\*.

### **Warrington**

- 7) Information not held\*.
- 8) Information not held\*.
- 9) Information not held\*.
- 10) Information not held\*.
- 11) Yes.
- 12) Information not held\*.
- 13) No.
- 14) Yes.
- 15) Information not held\*.
- 16) Information not held\*.
- 17) Yes.

### **Wirral**

- 7) Information not held\*.
- 8) Information not held\*.
- 9) Information not held\*.
- 10) Information not held\*.
- 11) Yes, we commission DBT and it is adapted for Autism.
- 12) Yes, we commission EMDR and it is adapted for Autism.
- 13) Yes, we commission Art Therapy and it is adapted for Autism.
- 14) No.
- 15) Information not held\*.
- 16) Information not held\*.
- 17) Information not held\*.

\*You may wish to redirect your request for this information to the commissioned providers of the above mentioned CAMHS and autism services for each former CCG area, which are listed below along with their contact:

### **Cheshire**

*Cheshire & Wirral Partnership NHS Foundation Trust*  
[cwp.foi@nhs.net](mailto:cwp.foi@nhs.net)

### **Halton**

*Bridgewater Community Healthcare NHS Foundation Trust*  
[bchft.foi@nhs.net](mailto:bchft.foi@nhs.net)

*Mersey Care NHS Foundation Trust*  
[FOI@merseycare.nhs.uk](mailto:FOI@merseycare.nhs.uk)

### **Knowsley**

*Mersey Care NHS Foundation Trust*  
[FOI@merseycare.nhs.uk](mailto:FOI@merseycare.nhs.uk)

### **Liverpool**

*Alder Hey Children's Hospital NHS Foundation Trust*  
[FOIRequests@alderhey.nhs.uk](mailto:FOIRequests@alderhey.nhs.uk)

*Young Persons Advisory Service*  
[support@ypas.org.uk](mailto:support@ypas.org.uk)

**Sefton**

*Alder Hey Children's Hospital NHS Foundation Trust*  
[FOIRequests@alderhey.nhs.uk](mailto:FOIRequests@alderhey.nhs.uk)

**St Helens**

*Mersey Care NHS Foundation Trust*  
[FOI@merseycare.nhs.uk](mailto:FOI@merseycare.nhs.uk)

**Warrington**

*Bridgewater Community Healthcare NHS Foundation Trust*  
[bchft.foi@nhs.net](mailto:bchft.foi@nhs.net)

*Mersey Care NHS Foundation Trust*  
[FOI@merseycare.nhs.uk](mailto:FOI@merseycare.nhs.uk)

**Wirral**

*Cheshire & Wirral Partnership NHS Foundation Trust*  
[cwp.foi@nhs.net](mailto:cwp.foi@nhs.net)