

Your Request:

Six-week checks:

1) In line with the requirement brought in in April 2020 for GPs to offer a postnatal check six- to eight-weeks after birth (live and stillbirth) which focuses on the mother's mental health and general wellbeing, please provide the information below:

a) How many women in your ICS area have given birth or had a stillbirth each year for the last three full financial years?

- o 2019/20**
- o 2020/21**
- o 2021/22**

Our Response:

1a) Please be advised that livebirth/stillbirth data by local authority area for whole UK are published and publicly available on the Office for National Statistics website via the following link:
www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages

Your Request:

b) How many women in your ICS area have been offered the six- to eight-week postnatal check with a GP each year for the last three full financial years?

c) How many women in your ICS area have attended the six- to eight-week postnatal check with a GP each year for the last three full financial years?

Our Response:

Please find listed below the information held for the former CCG areas that now make up NHS Cheshire & Merseyside ICB in relation to the number of women who have been offered the six-to-eight week postnatal check/the number of women who attending with a GP during the last three full financial years:

Cheshire

1b)

<i>Financial Year</i>	<i>Number of patients offered the six- to eight-week postnatal check with a GP</i>
2019/20	2,542
2020/21	3,100
2021/22	3,229

1c)

<i>Financial Year</i>	<i>Number of attendances to six-to-eight week postnatal checks with a GP</i>
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2019/20	2,494
2020/21	3,065
2021/22	3,228

Halton

1b – c) Information not held.

Knowsley

1b – c) Information not held.

Liverpool

1b) Information not held.

1c)

<i>Financial Year</i>	<i>Number of attendances to six-to-eight week postnatal checks with a GP</i>
2019/20	1,748
2020/21	1,881
2021/22	2,161

Sefton

1b – c) Information not held.

St Helens

1b) Information not held.

1c)

<i>Financial Year</i>	<i>Number of attendances to six-to-eight week postnatal checks with a GP</i>
2019/20	198
2020/21	438
2021/22	526

Warrington

1b – c) Information not held.

Wirral

1b – c) Information not held.

Your Request:

2) In your ICS area,

a) Is there specific guidance given to GPs outlining how to ask about women's mental health and general wellbeing at the six- to eight-week postnatal check? For example, carrying out a mental health assessment or using open-ended questions.

b) If you answered yes to question 2A, please provide a link or a copy of the guidance.

c) Please provide information about how you track compliance with the requirement that GPs ask all women about their mental health and general wellbeing at the six- to eight-week postnatal check.

Our Response:

2a/b) No specific guidance provided, other than NICE guidance and the following core contract requirements;

“A maternal postnatal consultation must, if possible, be provided during the period which:

*(a) begins six weeks after the conclusion of the delivery of the baby; and
(b) ends: 45 (i) eight weeks after conclusion of the delivery, or (ii) if the patient has not been discharged from secondary care services before the end of the period mentioned in clause 8.1.10(b)(i), eight weeks after the patient’s discharge from those services.*

8.1.11 A maternal postnatal consultation must not be provided at the same time as any consultation at which the physical health of the baby is reviewed (if relevant).

8.1.12 In this clause 8.1, “maternal postnatal consultation” means a consultation with a general medical practitioner at which the physical and mental health and well-being of the patient is reviewed.”

2c) No specific tracking undertaken, other than the above guidance and contracting requirements.

Your Request:

3) Referrals to psychological therapies

a) Please provide figures for the total number of referrals to psychological therapy services, including IAPT and other national equivalents, following the six- to eight-week postnatal check with GP practices in your ICS area for the last three full financial years.

o 2019/20

o 2020/21

o 2021/22

b) Please provide the following information for those who were referred to psychological therapy services (including IAPT and other national equivalents) following the six- to eight-week postnatal appointment with the GP, for the last three full financial years:

i) How many women in your ICS area have been assessed within two weeks of referral?

ii) How many women in your ICS area have not been assessed within two weeks of referral?

iii) How many women in your ICS area have started treatment within four weeks of assessment?

iv) How many women in your ICS area did not start treatment within four weeks of assessment?

Our Response:

3a/b) Information not held that specifically details whether referrals to psychological therapies were as a direct result of the six-to-eight week postnatal check with a GP.