

Ref: FOI/00076/CMICB
22 September 2022

Your Request:

1) Can you tell me when the guidelines for Melatonin for sleep disorders in children and adolescents is to be reviewed?

2) Can you tell me which key clinicians, by name and positions and location are involved in this decision?

Our Response:

1 – 2) NHS Cheshire & Merseyside ICB does not have any immediate plans to review the guidelines for Melatonin for sleep disorders in children and adolescents.

NHS Cheshire & Merseyside ICB is establishing a programme of work to review all of our current clinical guidelines against national standards, starting with those where there is significant variation across the former CCG areas.

NHS Cheshire & Merseyside ICB will continue to adopt and operate the former CCG approved clinical guidelines prior to 01 July 2022 until such reviews are completed. A statement in regard to this can be found on our website via the following link: <https://www.cheshireandmerseyside.nhs.uk/about/how-we-work/commissioning-policies/>