Exciting opportunity! Become a Peer Leader in the NHS!



Peer Leadership Development Programme

The Personalised Care Group at NHS England have developed an exciting and innovative online personal development programme called the Peer Leadership Development Programme. Personalised care represents a new relationship between people, professionals and the system. It happens when we make the most of the expertise, capacity and potential of people, families and communities.

What is the aim of the programme?

To explain what personalised care is, and how people in England can benefit.

To develop new Peer Leaders. Peer Leaders are people with, or who have experienced, mental and/or physical health conditions and disabilities, who are involved in shaping the way healthcare is delivered.

Who is the programme for?

Anyone with experience of a mental and/or physical health condition, who is interested in learning how to work collaboratively with the NHS to improve care for all. Experience of volunteering or working in healthcare is NOT required. We strongly encourage applications from individuals from ethnic minority communities and from LGBTQIA+ communities.





Does the programme cost anything?

No, the programme is completely **free**. It's delivered online on a learning platform called Future Learn.



What can I expect on the Peer Leadership Development Programme?

The course is delivered in bite-size chunks using language that is easy to understand. It includes videos with subtitles and transcripts.

There are plenty of opportunities to discuss your thoughts and experiences with other learners and to 'like' and comment on what you've heard.

You'll also hear from people who have benefitted from personalised care, and inspiring stories from Peer Leaders who are actively influencing how care is developed and delivered.



What opportunities are there for me as a Peer Leader?

The development programme will give you knowledge of the NHS, personalised care, shared decision making, peer support and how it works in practice. This knowledge will be highly relevant to paid and voluntary roles in the NHS.

How do I hear more/get involved? Where do I start?

Email <u>Kirsty.Jowett1@nhs.net</u> for more information on the Peer Leadership Development Programme